

# The Blue Hydrangea Equine and Retreat Center

*Just over an hour from Washington, DC*

Corporate retreats designed for leadership, strategy, and team alignment



Surrounded by forest, farmland, and a creek, this 28-acre property offers a quiet setting for focused thinking and meaningful discussion in Loudoun County's scenic wine and horse country. Teams may choose facilitated sessions or use the space for a self-guided retreat.



# Leadership Retreat

*A structured working retreat designed to help leadership teams clarify priorities, strengthen communication, and move forward with clear decisions.*

## Includes

Facilitated sessions selected based on your team's goals. Sessions can be tailored to focus on strategy, leadership alignment, or specific team challenges.

Half-day: select 1 experience

Full-day: select 2 experiences

- Leadership alignment
- Solutions for team challenges
- Equine leadership experience
- Yoga and meditation
- Strategic visioning

## Duration

Half-day: 3 hours

Full-day: 6 hours

## Pricing

### Half-day

\$2,000 (up to 6 participants)

\$1,900 (7-15 participants)

### Full-day

\$2,200 (up to 6 participants)

\$2,800 (7-15 participants)



# Strategy & Planning Day

*Designed for teams working through strategic planning, business development priorities, or complex decisions that require structure and clarity.*

## Includes

Facilitated sessions selected based on your team's goals. Sessions can be tailored to focus on strategy, leadership alignment, or specific team challenges.

Select 2 experiences

- Strategic Prioritization
- Process Mapping
- Pipeline or Opportunity Review
- Forest Walk with Visioning
- Yoga and Meditation

## Duration

Full-day: 6 hours

## Pricing

\$2,500 (up to 6 participants)

\$2,800 - \$3,000 (7-15 participants)



# Team Reset Day

Participants spend time at the farm to strategize or simply enjoy a day outside of the office environment.

## Includes

- Access to the grounds and walking trail
- Tea, coffee, and water
- Picnic blankets
- Option to bring a picnic lunch and lawn activities

## Duration

Half-day: 3 hours

Full-day: 6 hours

## Pricing

### Half Day

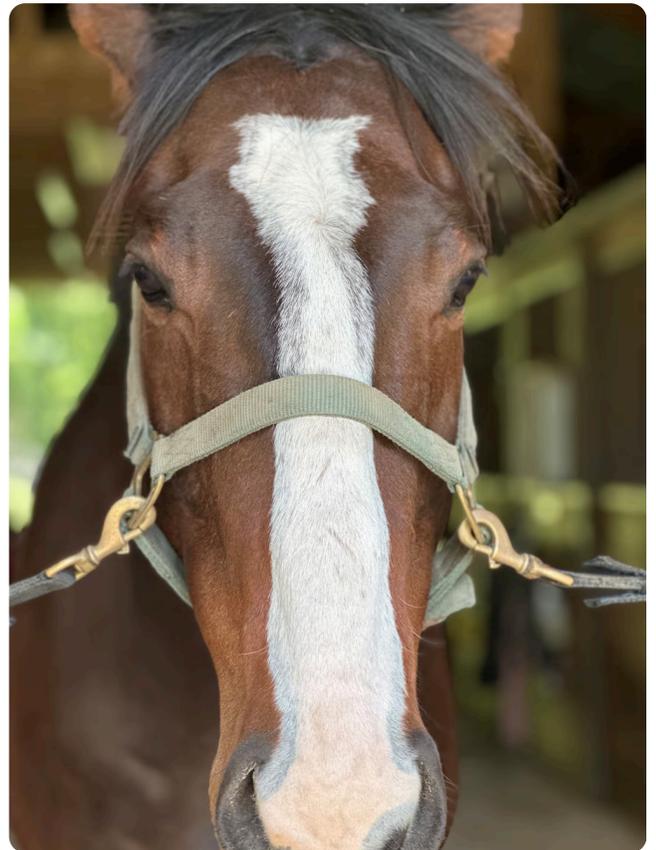
\$600 (up to 10 participants)

\$750 - \$1,050 (for larger groups)

### Full Day

\$900 (up to 10 participants)

\$1,200 - 1,500 (over 10 participants)



# Session Options

*Session selections are based on your team's goals and can be combined to create a tailored retreat.*

## Leadership Alignment

Align around shared priorities and direction. Surface differences in assumptions and decision-making approaches to strengthen communication and consistency.

## Solutions for Team Challenges

Work through real challenges your team is facing. Participants identify options, clarify next steps, and move forward with greater clarity.

## Strategic Visioning

A guided visualization to help participants step out of day-to-day thinking and define what success looks like across individual, team, and organizational priorities, with clear direction and next steps.

## Pipeline or Opportunity Review

A facilitated session where teams review their current pipeline of opportunities, identify priorities, and align around capture strategies for upcoming bids.

## Strategic Prioritization

A structured conversation for leadership teams to identify their most important goals and focus areas for the coming months or year.

## Process Mapping

Examine how decisions and workflows currently function. Analyze bottlenecks and clarify roles, improving efficiency, and accountability.

## Equine Leadership Experience

Through this exercise, participants interact with horses to explore leadership presence and situational awareness. Horses respond naturally to human behavior, offering immediate feedback and insight.

## Yoga & Meditation

This structured session incorporates yin and yang yoga, breathwork, and meditation. Designed for all levels, it helps participants step out of day-to-day demands and return with greater focus and more effective engagement in discussions.

## Guided Forest Walk

A guided walk through the farm, forest, and creek with structured prompts to support mindfulness, reflection, conversation, and a mental reset.

*Ask about our Farmlife Team Challenge add-on!*

# Meals and Logistics

*Details to support your retreat experience, including food, space, and accommodations.*

**Farm Fresh Meals.** Prepared with local, organic, or wild-caught ingredients, depending on availability. Served outdoors or in the barn or house, based on the weather.

**Coffee & Tea Table,** \$8 per person

**Farm Lunch,** \$18 – \$28 per person

**Light Farm Dinner,** \$25 – \$35 per person

**Accommodations.** The barn can accommodate up to 15 participants. Outdoor spaces can accommodate larger groups. We also offer a small cottage for day-use or overnight stays.

## YOUR HOST & FARM FOUNDER

Lenoure Recanatini is the founder of The Blue Hydrangea and leads retreats and facilitated sessions, working with a small network of practitioners and collaborators. She has over 20 years of experience leading complex strategy and program design processes and systems with international organizations and business development teams. She and the team facilitate structured discussions, strategy sessions, and reflective exercises designed to help teams think clearly, align, and move forward with confidence.



## Contact Us

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